

Curious about your options for community-based living?



We are here to help!

A local transition counselor will help you learn more about your options for returning to community-based living.

During an **options counseling** conversation, you can talk to a transition counselor about your current living situation and your goals for the future. The transition counselor will provide you with information and resources to understand your options.



What is community-based living?

Community-based living includes an **apartment, house, group home, or Medicaid assisted living**. You may be qualified to work with a Transition Coordination Agency to understand your housing options and access Medicaid Home and Community Based Services (HCBS).



What services are available in the community?

Medicaid HCBS services may include **home-delivered meals, non-medical transportation** and **homemaker and personal care assistance**. Your transition coordination agency will help you explore additional benefits and support available to maximize your independence and help you remain in the community.



How can you qualify for transition coordination services?

If you are currently

- A Health First Colorado (Medicaid) Member
- Age 18 or older
- Living in a nursing home

OR

- Living in an intermediate care facility or regional center for people with intellectual disabilities



How to get started:

You, a social worker, family member, friend, legal guardian or someone you trust **can submit a referral to learn**

about your options. Requesting more information about community-based living does not guarantee any outcome, and you are not obligated to enroll in Medicaid Transition Services. After receiving your referral, a transition counselor will contact you. You can also call or email the Community Options Program any time with questions or requests for additional information. Our contact information is included below.



drcog.org/transitions

DRCOG Area Agency on Aging
Community Options Program
303-480-6838

Email us: transitionsteam@drcog.org



Scan the QR code to make a referral today!