

WELCOME TO THE 2022

# CaMDucky Derby!

*THE FASTEST 20 MINUTES OF THE DAY!*



# THE RULES

1. Everyone can participate, but you'll have to be on Zoom and be *quick!*
2. Explain how to enter your answers
3. There will be about 30 - 45 seconds / question. No repeats
4. Questions are from education / participation at CMDA and Vivage Geriatric Journal Club meetings, so there is a distinct advantage to those who took the time to participate!

*GOOD LUCK!*

SO... IF YOU'RE IN YOUR SADDLE...

***HERE WE GO!!!***



# QUESTION 1

Monthly CMDA and Geriatric Journal Club Meetings are held:

- A. Monthly, first Tuesday at noon and first Thursday from 12:30 – 1 PM via Zoom
- B. Monthly, second Tuesday at 1 PM and second Thursday from 12:30 – 1 PM via Zoom
- C. The 5<sup>th</sup> Friday of any month with 5 Fridays, 9 AM at the Art Museum
- D. Sundays at 2 PM, September through December at CDPHE

## QUESTION 2

2021 saw a large increase in the use of Azithromycin for nursing home residents. The RECOVERY trial was done to test potential treatments for Covid-19. Which of the following is TRUE about the RECOVERY trial results:

- A. Azithromycin reduced death by 1/3 in ventilated patients
- B. Azithromycin reduced death by 1/5 in patients receiving oxygen
- C. Azithromycin showed beneficial effects on the risk of progression to mechanical ventilation
- D. The Azithromycin arm of the trial was closed early showing no beneficial effects on all measured endpoints

## QUESTION 3

The formula for calculating the **Positive Predictive Value** of a test is:

- A. True Positives divided by sum of True Positives + False Negatives
- B. The sum of True + False Positives divided by True Positives
- C. True Positives divided by the sum of True + False Positives
- D. True Positives divided by sum of True Positives + True Negatives

## QUESTION 4

Which of the following statements is **FALSE** regarding antibiotic resistance in the US:

- A. According to CDC data at least 2.8 million resistant infections are occurring each year causing over 35,000 deaths
- B. The CDC estimates economic impact of antibiotic resistance in 2017 at \$4.8 billion
- C. The antibiotic pipeline is an area of hope with many major pharmaceutical companies investing in new antibiotics
- D. The effect of stewardship programs regularly show a reduction antibiotic prescriptions and incidence of C. diff

## QUESTION 5

True and False Positive Predictive values depend on the prevalence of the condition in the population

A.True

B.False

## QUESTION 6

Which of the following statements is **TRUE** regarding the Colorado MOST form:

- A. Completion of a MOST form can be a mandatory requirement for admission to a nursing facility
- B. The MOST form is portable; a new one is not needed upon admission to a nursing facility if a patient's preferences remain unchanged
- C. Photocopies of MOST forms are not valid, an original must be on file
- D. The MOST form has to be entirely filled out to be valid

## QUESTION 7

Monoclonal antibodies that have received EUA approval in the past year include:

- A. Sotrovimab; Remdesivir; Bebunivab
- B. Casirivimab plus imdevimab; Bebunivab, Sotrovimab
- C. Casirivimab plus imdevimab; Sotrovimab; Bebtelovimab
- D. Bamlanivimab; Bebtelovimab; Remdesivir; Sotrovimab

## QUESTION 8

Which of the following is the criteria for **severe** protein calorie malnutrition in the presence of chronic illness:

- A. Unintended weight loss of 5% in 1 month + consuming <50% of estimated nutritional needs for a month or longer
- B. Unintended weight loss of 5% in 1 month + consuming <75% of estimated nutritional needs for a month or longer
- C. Unintended weight loss of 10% in 1 month + consuming <50% of estimated nutritional needs for a month or longer
- D. Unintended weight loss of 10% in 1 month + consuming <75% of estimated nutritional needs for a month or longer

## QUESTION 9

What did Dr. Watson tell us was the one question persons with Personality Disorders have and ask themselves all the time / 24 X 7:

- A. *Everyone owes me, how can I make them pay?*
- B. *My life is miserable, why can't someone else be miserable like me?*
- C. *Which medications / combinations will finally make me feel better?*
- D. *Will you be there for me?*

## QUESTION 10

TRUE or FALSE: Albumin and Prealbumin may correlate with prognosis, but are not considered sensitive indicators of nutritional status.

A.TRUE

B.FALSE

## QUESTION 11

Dr. Watson shared an acronym for dealing with persons with Personality Disorders which was:

- A. **BoPeEP** (**B**orderline **P**ersonalities **E**xpect **P**rivileges)
- B. **CONDOR LiPs** ("**C**" **O**ften; **N**o **D**rugs **O**r **R**emedies; **L**imit **P**rovider**S**)
- C. **BOLD** (**B**e the calm; **O**ne quarterback; **L**imit-setting; **D**ependable)
- D. **MEAN** (**M**anipulative, **E**xhausting, **A**ngry; **N**asty)

## QUESTION 12

One of the most common F-Tags per the OIG is F757 - Drug Regimen is Free from Unnecessary Drugs. Following a patient's repeated falls, which of the following would be the most appropriate intervention by the patient's provider:

- A. Document a fall risk assessment
- B. Ordering prn lorazepam since the falls are due to patient's dementia-related agitation
- C. Review the patient's medications and discontinue any that may be contributing to falls or that may increase mortality due to falls
- D. Document a risk vs benefit for all of the patient's medications

## QUESTION 13

The major problem with use of Paxlovid is:

- A. Limited efficacy
- B. Many potentially dangerous drug-drug interactions
- C. At present, unable to attain through pharmacies
- D. Dangerous Side Effects

## QUESTION 14

Which of the following is NOT the role of the Medical Director:

- A. Lead the QAPI team in review and analysis of all pertinent issues
- B. Review all residents care plans each month for relevance to their current condition
- C. Review and approve facility Policies and Procedures
- D. Review AMDA guidelines for medical directors

## QUESTION 15

In regard to steroids for COPD, the 2021/22 GOLD Guidelines conclude:

- A. Long-term monotherapy with Inhaled Corticosteroids is not recommended
- B. Long-term treatment with Inhaled Corticosteroids may be considered in association with LABAs for patients with a history of exacerbations despite appropriate treatment with LABAs
- C. Long-term therapy with Oral Corticosteroids is not recommended
- D. All of the above
- E. None of these are part of the GOLD Guidelines

## QUESTION 16

The ACIP hearing from September 2021 released all of the following statements about Covid-19 vaccination **EXCEPT**:

- A. Covid-19 vaccines should be timed at least 7 days away from high dose influenza vaccines
- B. The magnitude of the effect of boosters given to nursing home residents depends largely on staff vaccine coverage
- C. Even with highly effective boosters, cases in nursing homes will persist when community transmission is high
- D. Maximizing Covid-19 vaccination coverage among staff remains a critical tool for preventing cases in nursing homes

## QUESTION 17

In regard to Pneumococcal vaccines, patients >65 who have had none previously should receive:

- A. Pneumovax
- B. Prevnar 15 followed by Pneumovax 1 year later, or Prevnar 20
- C. Prevnar 13 followed by Pneumovax 1 year later
- D. Prevnar 15 or 20 followed by Pneumovax 1 year later

## QUESTION 18

All of the following are true about the risks of Tramadol in the elderly

**EXCEPT:**

- A. Unpredictable metabolism increases risk for death or ineffectiveness
- B. Has serious drug interactions, especially with psych drugs
- C. Particularly concerning side effects in the elderly, e.g., seizures and hypoglycemia
- D. Despite the risks, Tramadol is still thought of as a “safer” opioid

## QUESTION 19

A study of 154,000 veterans with Covid [Nature] looking at long-term CV outcomes at 1 year showed that when compared to controls:

- A. Cardiovascular complaints were up significantly in the first 90 days, then regressed to normal levels by 1 year
- B. There were almost 80 more diagnosed cardiovascular conditions/1000 people in those with moderate to severe Covid
- C. There were almost 80 more diagnosed cardiovascular conditions/1000 people in the Covid group regardless of the severity of infection

## QUESTION 20

In response to a concerning trend among clinicians using an inaccurate diagnosis of schizophrenia to justify use of antipsychotics in LTCFs, AMDA released a white paper on diagnosing Schizophrenia in the PA/LTC setting. Which of the following common diagnoses should be ruled out before diagnosing schizophrenia?

- A. Delirium
- B. Dementia
- C. Major Depression with psychotic features and/or Bipolar Disorder
- D. All of the above
- E. None of the above

## QUESTION 21

In the Women's Health Study, the effect of low-dose aspirin on occurrence of VTE (**V**enous **T**hrombo**E**mbolism) was studied in a randomized-controlled trial over 10 years. They found:

- A. VTE rates were no different between the 2 groups, but aspirin use was associated with an increased risk of GI bleeding
- B. VTE rates were higher in the control group, but were offset by bleeding side effects in the aspirin group
- C. VTE rates were no different between the 2 groups and there was no difference in bleeding outcomes
- D. VTE rates were higher in controls with no difference in bleeding outcomes

## TIEBREAKER

Dr. Paul Fishman has been practicing in Denver-area Nursing Homes for a long time. On what date did he make his first ever nursing home visit?

Email your answer with your name in the subject line\*  
to: [ggahm@vivage.com](mailto:ggahm@vivage.com)

*\*If your name is not in the subject line, the email and your response will be deleted*

*THANK YOU FOR RACING!*

*ANSWER KEYS, RESULTS AND  
PRIZES WILL BE AVAILABLE LATER  
THIS AFTERNOON!*