

Supplement	Contains:	Recommended Serving	Cost to purchase in the community	Flavor	Meet NPIAP guidelines?	Arginine	Glutamine	Kcal / unit	Pro g	Cho g	HMB	Zinc	B12	Vit C	Vit E	Potassium	Gluten free	Lactose free
Powder Packets																		
Arginaid (Nestle)	Arginine, Antioxidants: C, E	2 packets / day	\$1.25 / packet \$70 (box of 56) Amazon	Cherry Orange	No - missing zinc	4.5 g	-	25	-	2 g	-	-	-	156 mg	60mg		Yes	Yes
Argiment (Meditrition)	Arginine, Glutamine	2 packets / day	\$3.48 / packet \$209 (box of 60) on Amazon	Orange	No - missing zinc and antioxidants	7.5 g	10 g	90	0	4 g	-	-				14 mg	Yes	Yes
Argiment AT (Medtrition)	Arginine, Glutamine, Vit C, Zinc	2 packets / day	\$3.62 / packet \$217 (box of 60) Amazon	Orange	Yes	7 g	7 g	120	10 g	6 g		12.5 mg		250 mg		87 mg	Yes	low in lactose
Juven (Abbott)	HMB, Arginine, Glutamine, Collagen protein, Antioxidants: C, E, also contains B12 and Zinc	2 packets / day	\$2.80 / packet \$168 total for 2x \$84 (box of 30) Amazon	Cherry Fruit Punch Orange Unflavored	Yes	7 g	7 g	80	2.5 g	4.2 g	Yes	9.5 mg	1.2 mcg	300 mg	15 mg		Yes	Yes
2019 NPAIP Nutrition Guidelines: In addition to high calorie & high protein ONS, include: arginine, zinc, and anti-oxidants for stage II or greater pressure injury who are malnourished or at risk of malnutrition. This is a change to the previous guidelines for stage III or greater pressure injury. Monitor for s/s of other nutrient deficiencies																		